



## Where to go when you need care

Getting the right care in the right place protects your physical and financial well-being. With Geisinger Health Plan, you have options. Which is the best place to go when you need medical attention? Find out below.

	Where to go	What can be treated <sup>1</sup>		
Day-to-day care	Your first stop should be your primary care physician (PCP), who oversees your health needs. <b>Cost: PCP copay (\$)</b>	<ul style="list-style-type: none"> <li>• Acne</li> <li>• Asthma</li> <li>• Common cold</li> <li>• Depression</li> <li>• Headache</li> </ul>	<ul style="list-style-type: none"> <li>• High blood pressure</li> <li>• Sinus infection</li> <li>• Skin rashes or allergies</li> </ul>	<ul style="list-style-type: none"> <li>• Stomach problems</li> <li>• Stress</li> <li>• Urinary tract infection</li> </ul>
If the doctor isn't in	In-network convenient care and urgent care facilities have lower copays than the ER, don't require appointments and are open late. <b>Cost: PCP or specialist copay (\$\$)<sup>2</sup></b>	<ul style="list-style-type: none"> <li>• Accidents/falls</li> <li>• Diarrhea</li> <li>• Eye irritation</li> <li>• Fever</li> </ul>	<ul style="list-style-type: none"> <li>• Flu symptoms</li> <li>• Minor broken bones</li> <li>• Muscle strains</li> </ul>	<ul style="list-style-type: none"> <li>• Skin rashes</li> <li>• Sprains</li> <li>• Stitches</li> <li>• Vomiting</li> </ul>
If care can't wait	Call 911 or go to the nearest emergency room for treatment of life-threatening issues. <b>Cost: ER copay (\$\$\$)</b>	<ul style="list-style-type: none"> <li>• Chest pain</li> <li>• Compound fractures</li> <li>• Difficulty breathing</li> <li>• Fainting</li> </ul>	<ul style="list-style-type: none"> <li>• Moderate to severe burns</li> <li>• Poisoning</li> <li>• Serious head, neck or back injuries</li> </ul>	<ul style="list-style-type: none"> <li>• Signs of heart attack or stroke</li> <li>• Sudden, severe pain</li> <li>• Uncontrolled bleeding</li> </ul>

<sup>1</sup>These lists are not all-inclusive.

To find an urgent care location near you, visit [go.geisinger.org/UrgentCare](https://go.geisinger.org/UrgentCare).

<sup>2</sup>Costs are estimates and depend on specific benefits and progress toward deductible. Convenient care and urgent care facilities may have different costs for similar services. Call ahead to make sure your cost outcomes are what you expect.

Geisinger Health Plan may refer collectively to health care coverage sponsors Geisinger Health Plan, Geisinger Quality Options, Inc., and Geisinger Indemnity Insurance Company, unless otherwise noted. Geisinger Health Plan is part of Geisinger, an integrated health care delivery and coverage organization.

Geisinger Health Plan, Geisinger Quality Options, Inc., and Geisinger Indemnity Insurance Company comply with applicable federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, sex, gender identity, or sexual orientation. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 800-447-4000 (TTY: 711). 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 800-447-4000 (TTY: 711)